

Sarah Sabbah Bennett

630.863.3330 sabbah6@gmail.com

Education

University of Illinois at Chicago (UIC), Chicago IL

- **Master of Nursing with a specialty in Primary Care Adult-Gerontology** - May 2017
- Graduate Entry Program, Pre-Licensure - May 2015

Northern Illinois University, DeKalb, IL

- **Bachelor of Science with an Emphasis in Athletic Training** - May 2009 Graduated Magna cum Laude
- **Honors:** Most Outstanding Bachelor of Science Student (May 2009); Lela Trager Scholarship (2007 & 2008)

Certifications/Licensure

- Licensed Advanced Practice Nurse in Illinois (2017-Present) License # 209.016726
- Licensed Professional Nurse in Illinois (2015-Present) License # 041.433531
- Certified & Licensed Athletic Trainer in Illinois (2009-Present) License # 096.002869
- Certified in First Aid and CPR/Basic Life Support

Clinical Experience

Advance Practice Nurse Clinical Practicums:

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| • University of Illinois Hospital - Emergency Department | January 2017-April 2017 |
| • University of Illinois Miles Square Clinic - Urgent Care | January 2017-April 2017 |
| • Jesse Brown VA Medical Center - Urology | January 2017-March 2017 |
| • University of Illinois Family Medicine Center, University Village, Chicago, IL - Primary Care | August 2016-December 2016 |
| • Edward Hines, Jr. VA Hospital - Cardiology | August 2016-December 2016 |
| • Illinois Bone & Joint Institute, Libertyville, IL-Orthopedics | May 2016-August 2016 |
| • Lexington of Elmhurst, Elmhurst, IL - Acute Rehabilitation | May 2016-August 2016 |

Work Experience

Advanced Practice Nurse-Core Orthopedics, Elk Grove Village, IL

August 2017 - Present

Registered Nurse at a Skilled Nursing Facility – Marklund Phillips Center, Bloomington, IL

October 2015 – September 2017

- Hands on treatment of profoundly disabled children and adults while collaborating with other health care professionals to administer outstanding care.
- Responsibilities include patient assessment, emergency management, treatment, tracheostomy care and suctioning, medication administration, g-tube feeding and care of g-tube site.

Certified Athletic Trainer – Athletico Physical Therapy, Oak Brook, IL

October 2009 – September 2017

- Mentor new hires with motivating and encouraging assistance to establish excellent working practice and ethics
- Pioneered the development of core department competencies as a Task Force member 2010;
- Spearheaded the Relationship Building Task Force 2012-2013; Task Force focused on developing and maintaining interdisciplinary relationships.
- Assessment and care of sports related injury/illness at athletic events
- Outreach Affiliation: **Head Athletic Trainer at Guerin Prep, River Grove, IL** (October 2009-December 2013): Facilitated the Sports Medicine program; managed and cared for 200 athletes including organizing and expediting annual sports physical exams; developed the Student Athletic Training Club; taught students basic first aid skills and anatomy.

Other - Manager – Dairy Queen – Bolingbrook, IL

2000-2009

- Direct supervision of 10 Associates; managed and performed opening and closing duties
- Trained new hires; managed schedules; successfully ran shifts and reconciled register balances

Professional Affiliations and Activities

American Nurses Association (2017-Present)

Sigma Theta Tau International (2015-Present)

Illinois Athletic Training Association (2006-Present)

Great Lakes Athletic Training Student Association (2006-Present)

National Athletic Training Association (2006-Present)

Northern Illinois Athletic Training Student Association (2006-2009) - Vice President (2008-2009)

First Responder: Bolingbrook High School, Bolingbrook, IL (2006-2009) and Chicago Marathon (2009)

Resident Hall Association Northern Illinois University (2006-2007) - Vice President (2006-2007)

Skills and Practices

Computer/Technical Skills: Micromedex, Cerner, Power chart, Pyxis, CPRS Charting, Microsoft Word, PowerPoint, Excel

Practices: Orthopedic Physical Assessment, Sports Illness/Injury Management, Infection Prevention, Antibiotic Stewardship, Emergency Medicine Assessment/Management, Management/Leadership Skills, Intra-articular Injections, Tracheostomy Care, Sterile Suctioning, Medication Administration (PO/Topical/SUBQ/IM/IV), SOAP Charting, Wound Care, Simple Interrupted Suturing, Incision/Drainage, Post-Op Care